

Volunteer Vacancy – Gardener

Volunteer Role:	Gardener
Day/Time:	Thursday mornings – starting from Mid/late January
Location:	Park Farm Allotments, Park Farm Road, Folkestone, Kent.
Reporting to:	Volunteer Coordinator

Overview

South Kent Mind is looking for a volunteer to support our gardening activity starting in mid/late January 2024. The activity would take place on a Thursday morning on a weekly basis.

If you would like to volunteer please complete a volunteer application form and send this to contact@southkentmind.org.uk

Key Responsibilities

- Digging, weeding, planting and harvesting
- Maintenance of the tools and shed
- Keeping the area clean and tidy
- Sharing gardening skills and knowledge

Volunteer Requirements

- Knowledge of plants and how to care for them
- Reliable and committed to volunteering each week
- Good communication skills
- Supportive, friendly and encouraging
- Be an ambassador for mental health and South Kent Mind's support for the South Kent area

Benefits of volunteering

- 20% discount at all our stores
- Access to free online training
- Build confidence and social connections
- Know that your support is crucial in helping us continue to provide mental health support in the South Kent area.

About South Kent Mind

Mission We are dedicated to improving the lives of people with mental health challenges in South Kent.

Vision We want to see that everyone with a mental health problem in South Kent has somewhere to turn for advice and support

Values Person centered
Empowering
Partnership focused
Reflective
Sustainable
Championing a positive work culture